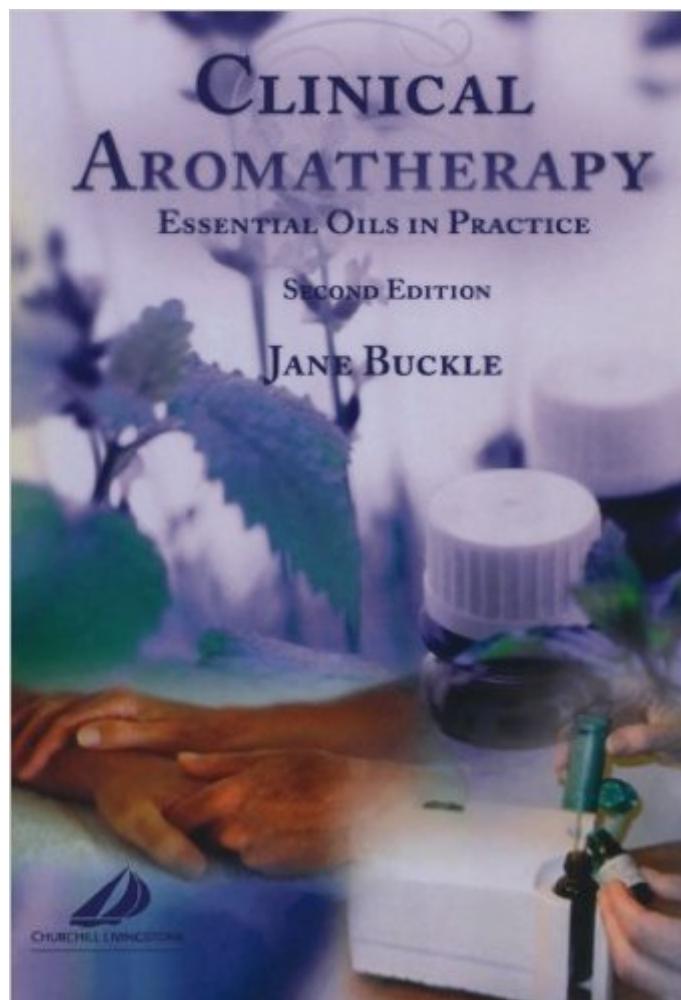


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# Clinical Aromatherapy: Essential Oils In Practice, Second Edition



## **Synopsis**

Aromatherapy is one of the main complementary therapies to be practiced by nurses and other health care professionals in hospital, hospice, and community settings. Written by a nurse, this clinical text highlights how aromatherapy can enhance care and the role health care professionals play in its practice. It examines key facts and issues in aromatherapy practice, and applies these within a variety of contexts and conditions, taking a carefully holistic approach in dealing with the patient.

## **Book Information**

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## **Customer Reviews**

Sick of all those superficial and almost identical books about aromatherapy? If you are tired of aromatherapy recipe books and want some solid, research-backed (yes over 1,500 references!) information about how to REALLY help people with chronic pain, depression, Alzheimer's disease, pressure sores, insomnia, nasty infections, nausea or just to understand how essential oils work, don't hesitate to get this precious packed advice from former nurse and now PhD Jane Buckle. I have more than fifteen years of experience with essential oils but I found much useful news and lots of inspiration in this unique treasure box. The chemistry section is outstanding as is the section on side-effects or interactions with common drugs (in case you work with essential oils as recommended in some of the above mentioned books...)

This is a great book for any health professional wishing to enhance patient care with aromatherapy.

As a nurse, I find it to be an outstanding resource full of scientifically based information related to essential oils and their uses. Dr Buckle has included an easy to use index to guide the reader to information on a variety of diseases and conditions which respond to aromatherapy intervention. This is a "must read" for anyone incorporating aromatherapy into a clinical or community setting.

This book is turning out to be a valuable tool for me in practice and teaching. I recommend it for students, teachers and health practitioners who want to use essential oils to enhance patient care. It is well-written, objective, practical and has extensive references, summary tables, appendices and index. As a physician, I appreciate its integrative approach. It is a good synthesis of history, chemistry, safety issues, experience, basic science, some of the most current clinical research, clinical applications and more. I especially liked the section on infection. In my opinion, it is an important work, which could well influence future research and clinical use of essential oils in the United States.

I am a nurse aromatherapist and practice in a hospital setting. I have found this book to be an invaluable resource for a variety of patient settings. The book is extremely well researched and referenced. Its specific references from everything to oil production, safety, dosages, specific clinical uses for pain, infection, cancer, stress, are the most comprehensive I have ever found in any book. I would highly recommend this book to any health professional that is new or seasoned in clinical aromatherapy application.

As a nurse, I appreciate the research and in-depth information this book offers. However, I don't recommend this to the casual user of essential oils--it's not really a "how to" book, or a book filled with aromatherapy recipes. But for those who work in the medical field and want to learn more about using essential oils in a clinical setting, this is a great resource.

I am a nursing student and I was seeking information on the healing properties of essential oils in the clinical setting. This book contains case studies, as well as ample scientific evidence that essential oils are a valid alternative to conventional medicine. Essential oils can be used in alleviating pain from late-stage cancer, and also in healing pressure ulcers. It also discusses the use of lavender in the treatment for pregnancy-induced hypertension. The book also cites a study where antimicrobial oils were combined to heal a surgery wound infected with MRSA...this is HUGE. I highly recommend this book for those already in the clinical setting, or for those who are merely

seeking information about essential oils.

I found this book to deal less with the practice of Clinical Aromatherapy than the politics of the use of essential oils clinically. I'm already convinced that the use of essential oils can be helpful in the healing of ourselves and others. I found the books by Kurt Schnaubelt to be more useful.

There are those who will see this book as a 2nd edition to Jane's first book, 'Clinical Aromatherapy in Nursing' but to suggest such a link would be similar to saying that Concorde was just a step up from the Wright Brothers. This book meets the needs of health professionals and educators, as well as being a vital tool for those who work with essential oils. It is an important contribution to the creation of healthcare packages that embrace the very best of orthodox and complementary medicine.

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